

Spring Term dates 2026

Our last session before the Christmas holidays is Tuesday 25th November and Friday 28th November 2025

First session back for the Spring Term is Tuesday 6th January and Friday 9th January 2026

No class Tuesday 17th February and Friday 20th February as half term

Last session before the Easter holidays is Tuesday 24th March and Friday 27th March

Session details 2026

Tuesday at The Edge, Rowden Road, Ewell, KT19 9PW

Time	Class	Age	Information
4pm to 5pm	Danastics	4 years plus	Gymnastics with apparatus and sequence work
4pm to 5.30pm	Danastics	4 years plus	Gymnastics with apparatus and sequence work
5.15pm to 6.15pm	Danastics	4 years plus	Gymnastics with apparatus and sequence work
5.15pm to 6.45pm	Danastics	4 years plus	Gymnastics with apparatus and sequence work
5.45pm to 7.15pm	Tumble	8 years plus	Tumbling skills

Friday at West Ewell Primary School, Ruxley Lane, Ewell KT19 0UY

Time	Class	Age	Information
4.15pm to 5.15pm	Danastics	4 years plus	Gymnastics with apparatus and sequence work
4.15pm to 5.30pm	Danastics	4 years plus	Gymnastics with apparatus and sequence work
4.15pm to 5.45pm	Danastics	4 years plus	Gymnastics with apparatus and sequence work
4pm to 6pm	Danastics	6 years plus	Gymnastics with apparatus and sequence work
5.30pm to 7pm	Danastics	8 years plus	Gymnastics with apparatus and sequence work

Gymnastics with apparatus is full access to a full range of kit including bar, beam, airtrack, airfloor, trampette, vault and tumble track.

Sequence work is assigned depending on the group and could be a group dance, piece of movement or a series of jumps, moves or tumbles.

Groups

Our groups are organised based on age and ability. Our classes are mixed but where numbers permit, we do also have single sex groups.

Some of our gymnasts attend multiple sessions and train on both days.