

Autumn Term dates 2026

First session back for the Autumn Term is Tuesday 15th September and Friday 18th September 2026

No class Tuesday 20th and 27th October and Friday 23rd & 30th October as half term

Last session before the Christmas holidays is Tuesday 8th December and Friday 11th December

Session details 2026

Tuesday at The Edge, Rowden Road, Ewell, KT19 9PW

Time	Class	Age	Information
4pm to 5pm	Danastics	4 years plus	Gymnastics with apparatus and sequence work
4pm to 5.30pm	Danastics	4 years plus	Gymnastics with apparatus and sequence work
5.15pm to 6.15pm	Danastics	4 years plus	Gymnastics with apparatus and sequence work
5.15pm to 6.45pm	Danastics	4 years plus	Gymnastics with apparatus and sequence work
5.45pm to 7.15pm	Tumble	8 years plus	Tumbling skills

Friday at The Edge, Rowden Road, Ewell, KT19 9PW

Time	Class	Age	Information
4pm to 5pm	Danastics	4 years plus	Gymnastics with apparatus and sequence work
4.30pm to 5.45pm	Danastics	4 years plus	Gymnastics with apparatus and sequence work
4.30pm to 6pm	Danastics	4 years plus	Gymnastics with apparatus and sequence work
4pm to 6pm	Danastics	6 years plus	Gymnastics with apparatus and sequence work
5.45pm to 6.45pm	Danastics	4 years plus	Gymnastics with apparatus and sequence work
5.45pm to 7.15pm	Danastics	8 years plus	Gymnastics with apparatus and sequence work

Gymnastics with apparatus is full access to a full range of kit including bar, beam, airtrack, airfloor, trampette, vault.

Sequence work is assigned depending on the group and could be a group dance, piece of movement or a series of jumps, moves or tumbles.

Groups

Our groups are organised based on age and ability. Our classes are mixed but where numbers permit, we do also have single sex groups.

Some of our gymnasts attend multiple sessions and train on both days.